

We welcome you to

Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone (905) 775-2065 Fax (905) 775-9241

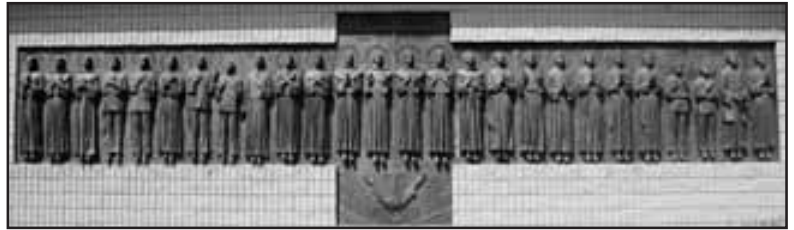
holymartyrs@rogers.com

www.holymartyrs.ca

Parish Office Hours—Monday through Friday—9:00am to 4:00pm



Pastor: Rev. Father Boniface Perri
Associate Pastor: Rev. Father Joseph Lam Tran
Deacon: Rev. Mr. David Langley



St. Paul Miki and Companions—Pray for Us!

SUNDAY MASSES

Saturday: 5:00pm

Sunday: 8:30am, 10:00am & 11:30am
Life Teen Mass—6:30pm
Seasonal Spanish Mass—5:00pm

WEEKDAY MASSES

Mondays, Wednesdays & Fridays—7:00pm
Tuesdays & Thursdays—8:00am
Saturdays: 9:15am

CONFESSIONS

1/2 hour before each Sunday Mass or by appointment.

BAPTISMS

Please contact us one month or more in advance.

MARRIAGE

Please contact us one year in advance for adequate preparation.

HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to have communion brought to them or would like the Sacrament of the Sick, or simply would like to be included in the Prayers of the Faithful, contact us.

CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841
Marie of the Incarnation—905-775-3492
Mother Teresa—905-778-8653
St. Charles—905-775-6762
St. Jean de Brebeuf—905-775-8460

OFFICE STAFF

Parish Secretary:
Delia McEvenue
Secretarial Assistant:
Patty Hofland

MINISTERS

Ministry to Housebound/Shut-ins:
Sister Jean Doyle O.S.U.
Youth Ministry:
Ray Reitzel
reitzel@hotmail.com
Parish Social Ministry:
Jean Lashley 905-392-1909

PARISH MINISTRIES and SOCIETIES

Bereavement Support Group	CWL (Catholic Women's League)
Consolation and Hope	Development and Peace
Life Teen	Knights of Columbus
EDGE Youth Ministry	Seniors Club
Liturgical Ministers	Social Club
New Beginnings	St. Vincent de Paul Society
Parish Library	
RCIA (Rite of Christian Initiation of Adults)	
Sacramental Preparation & Catechesis	

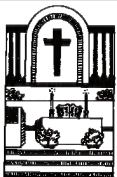
CULTURAL GROUPS

Divino Espirito Santo
Nossa Senhora De Fatima
Santissima Trindade

NEW PARISHIONERS: WELCOME !

You are invited to register by completing the form at the Parish Office or in the gathering space at the back of the Church. Offering Envelopes are available.

Around the Altar of the Lord



The Offerings and the Sacred Vessels

The Church has some established norms for the composition of the vessels (such as the chalice) and the bread and the wine offerings to be used during Mass. The requirements arise both from the sacredness of the offerings and the need to ensure the validity of the Mass. A chalice must be made from precious metal, such as gold or silver. Other precious materials can be used so long as the inside cup portion of the chalice is covered with gold. The same regulations hold for the other sacred vessels that contain the Body and Blood of Christ. This is done primarily because of the sacredness that He will be contained therein but also to remind us that we give to God the best gifts we have. Before the Mass, the chalice is set with several items for use in the liturgy. A White piece of linen cloth with a small red crucifix in the middle, called a purificator is placed folded over the chalice.

The priest uses the purificator to wipe the chalice and other sacred vessels, after the distribution of Holy Communion, to ensure that no particles of the Body and Blood of Christ are simply left to go stale or bad in the vessels and to ensure due reverence is given to them. Though the vessels have generally been rinsed with water before the purificator is applied, the purificator does sometimes come in contact with the Eucharist, so it is washed in a special way that ensures no particle of the Body and Blood of Christ ends up in the sewer. The patten is placed on top of the purificator on the chalice. The patten is a sacred vessel because it contains the host that the priest holds during the consecration. This host is a little bigger than one many received so it can be more easily seen during the elevation. Above the host and patten is placed the pall. The pall is a thin stiff piece of board that functions doubly as structural support to the articles placed above it and as means for keeping things such as dust or insects from getting into the chalice during parts of the Mass when the patten is not over the chalice. The chalice veil goes over the pall covering the whole chalice beneath it. The colour of the veil matches the liturgical season, by adding to the visual beauty of the Mass. The veil contributes to spirit of reverence and worship. Above the veil is the burse, which consists of two thin stiff pieces of board encased with cloth coloured to the liturgical season. The primary purpose of the burse is to contain the corporal. The corporal is a piece of linen cloth with a small red cross on it. During the offertory, the corporal is unfolded and on the altar and all the sacred vessels are placed upon it. the corporal's material and the way that it is folded and cleaned ensures that if any particles of the Body and Blood of Christ fall on it, they will be treated with due reverence. However its main reason is one of intent. Along with the whole church the priest intends only the bread and wine on the corporal to be transubstantiated into the Body and Blood of Christ. The divesting of the chalice that takes place during the Offertory when all these items are taken off the chalice symbolizes the stripping of Christ of His garment in preparation for His Crucifixion.

FIRST COMMUNION SESSIONS

Tue, Feb 23 at 7:00pm or Sat, Feb 27 at 2:30pm
 Tue, Mar 2 at 7:00pm or Sat, Mar 6 at 2:30pm
 Tue, Mar 23 at 7:00pm or Sat, Mar 27 at 2:30pm

CONFIRMATION RETREATS

Thursday, February 25th – Confirmation Retreat for Mother Teresa and St. Charles Schools from 9:00am to 3:30pm
 Friday, February 26th – Confirmation Retreat for Marie of the Incarnation and St. Jean de Brébeuf Schools from 9:00am to 3:30pm

Offering Update

Offertory Donation was \$5031.50

Our goal is \$6000.00

We thank you for your generosity
 but we need your help to meet our monthly expenses.

STATIONS OF THE CROSS

Every Friday of Lent, we will be having the
 Stations of the Cross at 7:00pm followed by Mass

LENTEN PARISH RECONCILIATION

Multilingual priests will be hearing
 confessions on March 25 at 7:00pm

Living Lent

Purpose of Lent today: Lent is a time of prayer and penance, when Christ wants to lead us back to our baptismal promises of dying to sin and of living for God. We prepare ourselves to enter once again into Jesus' Paschal mystery and to renew it in our lives.

Our Lord: Jesus invited us to follow him by carrying our cross with him each day. (Luke 9:23) He indicated that his followers would fast and do penance after he returned to heaven. (Luke 5:33-35) We are to go hungry and thirsty for the sake of justice (Matthew 5:6) and to do our praying, fasting and almsgiving without showing off. (Matthew 6:1-6, 16-17)

Christians: From the earliest centuries, Jesus' followers have tried to follow these commands. Since it was on a Friday that Jesus freely died to save us from our sins, the faithful made a special effort to do some form of penance on this day: going without food for most of the day, spending extra time in prayer, doing good works, refraining from eating meat. Like St. Paul, they wanted to offer their penances for Christ's body, the Church. (Colossians 1:24)

In today's Church: Over the centuries, these forms of penance have varied, and sometimes have been neglected. Today, we are being invited once more to obey our Saviour: we are to do penance for our sins and those of others, for the people of God, for peace in the world, and for the building up of God's kingdom on earth. So to make Lent an effective time of renewal for the great celebration of Easter, let us commit ourselves to the practices of Lent.

Praying: Jesus and His apostles tell us to pray always, to be constant in prayer. Traditional times for Christians to pray are morning, evening and mealtimes. Personal prayer is a necessary preparation for our sharing in the Church's public worship, the liturgy. In our love, we join Jesus and all God's people in praying for ourselves, for our family and friends, for our leaders, for those who suffer, and for the Church and the world.

Fasting: Fasting means cutting down on the amount and richness of our food and drink. Done as a penance for sin, it helps us to pray better: an empty stomach can lead to more attentive prayer. The money we save on food should be given to others in alms. The law of fasting obliges adults until they are 60 years old.

Abstinence: This form of penance needs to be seen as a near cousin of fasting. We may give up meat especially on Fridays, the day of Christ's saving death on the cross. Our abstinence is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence from meat. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing time or money to a work of charity) or other acts of piety.

Giving alms: We give alms to help God's poor and to support the good works of the Church and other positive agencies. Again our help is being given to Christ in His brothers and sisters. Blessed Teresa of Calcutta when asked how much to give "give until your can feel it". We do not give in order to show off or keep up with others; instead we give cheerfully to God, who has given us everything we have.

Excerpts from the Canadian Conference of Catholic Bishops

The Saint of the Week

Stand fast, therefore, in this conduct and follow the example of our Lord, "firm and unchangeable in faith, lovers of the brotherhood, loving each other, united in truth" helping each other with the mildness of the Lord, despising no man"

(Polycarp, letter to Philipppians. Feast day February 23,

MASS INTENTIONS FOR THIS WEEK

5:00pm Saturday, February 20th

- + Alzirio & Laurinda Janeiro by Antonio Janeiro & Family
- + John German by Wife Monica Heron-German
- + Special Intentions by Elizabeth Sousa
- + Francisco de Sousa Dias by Emilia Tobias Rego
- + Jose Junqueira by Sons & Grandchildren
- + Celeste Henriques by Domingues & Duraes Families
- + Manuel Polonio by Wife & Son

Sunday, February 21st

- 8:30am** + Cecilia Santos by Sandra Antonio
- 10:00am** + Elda Marangone by Daughter Lorraine Frank & Family
- 11:30am** + Abele & Francelina Macieira by Alfonso & Maria Lameirinhas
- 5:00pm** NO Spanish Mass until March 7th
- 6:30pm** + Pro Populo

7:00pm Monday, February 22nd

- + Joao Laranjeiro by Wife & Children
- + Jose & Maria Luis, Irene Ferreira by Maria Fernandes
- + Julio Barroso by Wife & Children
- + Jose Barroso by Children

8:00am Tuesday, February 23rd

- + All Souls by Helena Peixoto

7:00pm Wednesday, February 24th

- + John Parker McIntyre & Fred McIntyre by Florence Szabo

8:00am Thursday, February 25th

- + All Souls

7:00pm Friday, February 26th

- + All Souls

9:15am Saturday, February 27th

- + All Souls

5:00pm Saturday, February 27th

- + Tony McEvenue by his Family
- + Cecilia Santos by Paul Tan, Michele, Nick & Family
- + Special Intentions -David Fernandes by Maria Fernandes

Sunday, February 28th

- 8:30am** + Dennis, Fatima & Maria Faria by Fernanda Rodrigues & Family
- 10:00am** + Anna Bratova by Kasjak Family
- 11:30am** + Maria Estrila & Nelson Andrade by Cecilia Gouveia
- 5:00pm** NO Spanish Mass until March 7th
- 6:30pm** + Pro Populo

"May God Grant Them Eternal Peace"

Sunday to Sunday

UPCOMING EVENTS AT HOLY MARTYR'S PARISH

- Sun Feb 21st – 10:30am – Choir Practice for 11:30 Mass
- Mon Feb 22nd – 2:00pm – Seniors Club
- Mon Feb 22nd – 7:00pm – EDGE
- Mon Feb 22nd – 7:30pm – CWL – Executives Meeting
- Mon Feb 22nd – 7:30pm – RCIA – Adult Formation
- Mon Feb 22nd – 8:00pm – St. Vincent de Paul Meeting
- Tue Feb 23rd – 7:00pm – First Communion Prep
- Wed Feb 24th – 9:00am – Holy Trinity High School – Net Retreat
- Wed Feb 24th – 8:00pm – Al-Anon
- Thur Feb 25th – 9:00am – Mother Teresa & St. Charles Schools Net Retreat
- Fri Feb 26th – 9:00am – Marie of the Incarnation and St. John de Brebeuf – Net Retreat
- Fri Feb 26th – 7:00pm – Stations of the Cross followed by Mass
- Sat Feb 27th – 2:30pm – First Communion Prep.
- Sun Feb 28th – 10:30am – Choir Practice for 11:30 Mass
- Sun Feb 28th – Coffee Sunday after each Mass



Sunday, Feb 21st The truth Comes Out	Monday, Feb 22nd Lent for Dummies
Sunday, Feb 28th Catholics Love Sex (chastity)	Monday, Mar 1st How Can I Feel Better

OUR LENTEN RETREAT

Come and join us in a sacred journey this Lenten season.
Lenten Retreat on March 8th, 9th, and 10th at 7:00pm in the Church. Presided by Father Lester Mendonsa
Monday, March 8th Mass and Reflection
Tuesday, March 9th Holy Hour and Reflection of our Blessed Mother and the Rosary
Wed., March 10th Mass and Reflection

GOD, SEX AND THE MEANING OF LIFE WORKSHOP

Based on **John Paul II's Theology of the Body** to be held here at **Holy Martyrs of Japan Parish** on **Saturday, March 13th from 9:30am to 4:30pm.** Admission is free (lunch provided); Study Guide is \$10.00 (optional).

Discover why God created us male and female.

Contact Rose Heron 905-683-9055 or Jan Noonan

905-420-8696 or email: stbreg@gmail.com or

www.godsexandthemeanoflife.com.

Bring a friend - Everyone is welcome!

MARRIAGE ENCOUNTER

Good Marriages are like dependable cars – they need attention. Refresh and rekindle your love for each other by treating yourselves to a marriage enrichment weekend at Queen of Apostles Renewal Centre or give a weekend as a gift. The Centre offers comfort, excellent cuisine and an inspiring program. The next weekend is **March 5-7th**. For information telephone: 905-829-0116; 416-694-1742 or register at Queen of Apostles at 905-278-5229

Adult Faith Formation

This week on Monday, February 22 at 7:00pm the RCIA invites all parishioner as the catechumen embarks on a spiritual tour of the church and the meaning behind of the sacred spaces furnishings and art in it.

Please come and join us for this informative night!

COFFEE SUNDAY

The Ministry of Development and Peace will be hosting a Coffee House on Sunday February 28th after all morning Masses in the church hall. Donations accepted for Haiti relief – updates from D&P members on the ground will be read. Fair Trade products such as coffee, tea and chocolate for sale and live music presented by our own parishioners



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